



## Duke of Edinburgh Award

### Bronze Expedition

There are seven training sessions (duration of 2 hours per session) at the centre that will cover basic canoe/kayak skills, camp craft, safety, first-aid and personal equipment. After this initial training phase all participants will be ready to undertake an expedition.

The training expedition is a 2 day, 1 night practice expedition that is supervised and allows participants to prepare themselves for their assessment.

The assessment expedition is a 2 day, 1 night expedition that is supervised from a remote location.

The award is nationally recognised and is a known way to develop young people's independence and personal capabilities. We can also provide opportunities to complete the Volunteering, Physical and Skills sections of each award.

The overall cost is £600pp excluding food. All group equipment, transport and accommodation are included in the cost.

Please note: Participants are required to supply their own food, and personal clothing for the training and assessment expeditions.

This price is based on a minimum group of 8.

For enquiries and bookings please contact [Mackon Khela](#), Centre Co-ordinator.

